

# 14 Day Declutter Challenge

Week 1 Clothes	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
	<p>Book a stall at your nearest mum2mum market.</p> <p>Use weblink  <a href="http://www.mum2mummarket.co.uk/book-a-stall.html">http://www.mum2mummarket.co.uk/book-a-stall.html</a></p>	<p>Pants, socks, tights, vests, or nappy changing items/bag.</p>	<p>Outerwear – Coats, Jackets, shoes, sandals, wellington boots gloves, scarfs.</p> <p>PJs &amp; sleepsuits.</p>	<p>Tops – shirts, t-shirts, jumpers, cardigans.</p> <p>Bedding, sheets, blankets, sleep bags</p>	<p>Bottoms – Skirts, leggings, trousers, shorts, dungarees.</p> <p>Muslins &amp; others items kept in your clothes drawers e.g. hairbrushes, nail clippers</p>	<p>Take items you are donating to your local charity shop.</p> <p>Toiletries – shampoo, creams, baby oil, talc.</p>	<p>Wash &amp; iron clothes you intend to sell and package up ready for sale day.</p>
	<p>Booking a table can be just the push you need to get organised</p>	<p>Sort into 4 piles:            Keep            SELL            Throw            Donate</p>	<p>Be ruthless when sorting. Anything dirty or with missing parts should be thrown away.</p>	<p>Sorting clothes can be emotional. Remembering your little one in a favourite outfit can make it hard to part with. There is no harm in keeping a few keepsake items.</p>	<p>You may be realising just how much clothing your little one has and how much you and others have spent! Fortunately you can recoup some of that money when you sell with mum2mum market.</p>	<p>It's also worth asking your local children's centre if they need any clothing too as some distribute to young mum's or those in need.</p>	<p>The better the presentation on sale day the more you will sell. Sort into age ranges and consider selling in bundles – e.g. 3 pairs of trousers for £5 or £5 vests for £2.</p>

Nearly new sales where mums sell to mums  
[info@mum2mummarket.co.uk](mailto:info@mum2mummarket.co.uk)      <https://www.facebook.com/mum2mummarket>

# 14 Day De-clutter Challenge

Week 2 Toys	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
	<p><b>Book a stall at your nearest mum2mum market.</b> Use weblink: <a href="http://www.mum2mummarket.co.uk/book-a-stall.html">http://www.mum2mummarket.co.uk/book-a-stall.html</a></p>	<p><b>Do you have enough boxes, baskets, drawers or cupboards to house the toys you intend to keep? If not today is the day to get hold of these.</b></p>	<p><b>Declutter Toy Area 1</b>  <b>Suggestion:</b>  <b>Cuddly Toys + Craft Activities</b></p>	<p><b>Declutter Toy Area 2</b>  <b>Suggestion:</b>  <b>Character toys and collectables + building toys like blocks or lego</b></p>	<p><b>Declutter Toy Area 2</b>  <b>Suggestion</b>  <b>Board games + Books and puzzles.</b></p>	<p><b>Take items you are donating to your local charity shop.</b></p>	<p><b>Clean up any items you intend to sell. Ensure there are no broken or missing pieces.</b></p>
	<p>If you didn't book a stall at the start of week 1 now is the time to do so. Our sales get booked up quickly—don't miss out on the next one in your area.</p>	<p>Space saving storage does not have to be expensive. Facebook groups are full to the brim of people selling or giving away toy boxes, trays and units. Alternatively Poundland, Wilkinson and IKEA have some great options.</p>	<p>An effective way to declutter is to split the job into small tasks whether that's sorting the play room, loft, garage or anywhere else you store toys. You could do this by splitting the room into 3 equal parts or by toy type as suggested above.</p>	<p>As with clothes you have to be ruthless when sorting. The 4 pile system works well here too: Keep, SELL, donate, throw. As before keep a few for the memory box—maybe one day your grandchildren will be able to enjoy them!</p>	<p>You may well be asking yourself the age old question: "why did I buy all this stuff in the first place?!"  We've all been there. Take a breath, move on and be glad you are going to be selling some of these items soon!</p>	<p>You could also consider donating items to your local toy library, children's centre, women's refuge or play-group.</p>	<p>All Done—there are just two things left to do.  1) Grab yourself your treat of choice—ours is usually wine or chocolate or cake. 2) Put your feet up!</p>

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